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,	BEFORE THE BOARD OF REGISTERED NURSING	
10	DEPARTMENT OF CONSUMER AFFAIRS STATE OF CALIFORNIA	
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12	In the Matter of the Accusation Against:	Case No. 2013 - 897
13	KAREN JOAN PENKALA-SHORKEY	ACCUSATION
14	2851 N. Michigan Avenue Saginaw, MI 48604	
15	Registered Nurse License No. 762261	
16	Respondent.	
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18	Complainant alleges:	
19	PARTIES	
20	1. Louise R. Bailey, M.Ed., RN (Complainant) brings this Accusation solely in her	
21	official capacity as the Executive Officer of the Board of Registered Nursing, Department of	
22	Consumer Affairs.	
23	2. On or about October 29, 2009, the Board of Registered Nursing issued Registered	
24	Nurse License Number 762261 to Karen Joan Penkala-Shorkey (Respondent). The Registered	
25	Nurse License expired on September 30, 2011, and has not been renewed.	
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JURISDICTION

- 3. This Accusation is brought before the Board of Registered Nursing (Board),
 Department of Consumer Affairs, under the authority of the following laws. All section
 references are to the Business and Professions Code (Code) unless otherwise indicated.
- 4. Section 2750 of the Code provides, in pertinent part, that the Board may discipline any licensee, including a licensee holding a temporary or an inactive license, for any reason provided in Article 3 (commencing with section 2750) of the Nursing Practice Act.
- 5. Section 2764 of the Code provides, in pertinent part, that the expiration of a license shall not deprive the Board of jurisdiction to proceed with a disciplinary proceeding against the licensee or to render a decision imposing discipline on the license. Under section 2811, subdivision (b) of the Code, the Board may renew an expired license at any time.

STATUTORY PROVISIONS

6. Section 2761 of the Code states:

The board may take disciplinary action against a certified or licensed nurse or deny an application for a certificate or license for any of the following:

- (a) Unprofessional conduct, which includes, but is not limited to, the following:
- (4) Denial of licensure, revocation, suspension, restriction, or any other disciplinary action against a health care professional license or certificate by another state or territory of the United States, by any other government agency, or by another California health care professional licensing board. A certified copy of the decision or judgment shall be conclusive evidence of that action.

COSTS

7. Section 125.3 of the Code provides, in pertinent part, that the Board may request the administrative law judge to direct a licentiate found to have committed a violation or violations of the licensing act to pay a sum not to exceed the reasonable costs of the investigation and enforcement of the case, with failure of the licentiate to comply subjecting the license to not being renewed or reinstated. If a case settles, recovery of investigation and enforcement costs may be included in a stipulated settlement.

FIRST CAUSE FOR DISCIPLINE

(Out-of-State Discipline Against Respondent's Michigan Nursing License)

- 8. Respondent has subjected her license to disciplinary action under section 2761, subdivision (a)(4) of the Code in that her registered nurse license was disciplined by the Michigan Board of Nursing. The circumstances are as follows:
- 9. On or about October 7, 2010, before the State of Michigan Department of Community Health, Bureau of Health Professions, Board of Nursing Disciplinary Subcommittee (Michigan Board), *In the Matter of Karen J. Penkala-Shorkey*, file number 47-10-117047, an Administrative Complaint was filed against Respondent alleging that on December 12, 2009, Respondent was admitted to inpatient treatment for alcohol dependence and opiate dependence involving the use of Vicodin and Darvocet. Respondent underwent detoxification and was discharged on December 22, 2009.
- 10. On December 28, 2009, Respondent completed intake with the Health Profession Recovery Program (HPRP). The HPRP reviewed the treatment records for Respondent's inpatient treatment. Based on Respondent's diagnosis of alcohol dependence, opiate dependence, and cocaine abuse, the HPRP deemed Respondent not safe to practice.
- 11. On March 22, 2010, Respondent entered into a three-year non-disciplinary monitoring agreement with the HPRP. The terms of the agreement included abstention from mood-altering substances, submission to random urine drug screens, communication with a worksite monitor via a web camera, submission of reports and evidence of program compliance. On July 6, 2010, the HPRP closed Respondent's file based on her non-compliance with the monitoring agreement.
- 12. As result of Respondent's termination from the HPRP, the Michigan Board alleged that Respondent's conduct evidenced a condition which impairs or may impair the ability to safely and skillfully practice the health profession, in violation of section 16221(a) of the Public Health Code (Count I); that Respondent's conduct evidences substance abuse, in violation of section 16221(b)(ii) of the Public Health Code (Count II); and that Respondent suffers from a mental or physical inability reasonably related to and adversely affecting Respondent's ability to

practice in a safe and competent manner, in violation of section 16221(b)(iii) of the Public Health Code.

April 1, 2011, wherein Respondent admitted by way of a stipulation, that the allegations contained in the administrative complaint were true and constituted violations of the Public Health Code, and that she accepted the terms of the Consent Order. Respondent's registered nursing license was suspended pending satisfactory evidence that she completed a substance abuse/chemical dependency evaluation, entered into a monitoring agreement, and that Respondent has been endorsed as safe to practice. Upon reinstatement of Respondent's license, she would be placed on probation for a period of two years on certain terms and conditions.

SECOND CAUSE FOR DISCIPLINE

(Out-of-State Discipline Against Respondent's Wisconsin Nursing License)

- 14. Respondent has subjected her license to disciplinary action under section 2761, subdivision (a)(4) of the Code in that her registered nurse license was disciplined by the Wisconsin Board of Nursing. The circumstances are as follows:
- 15. Respondent was licensed as a registered nurse by the State of Wisconsin Board of Nursing (Wisconsin Board) on February 10, 2009.
- 16. On or about August 24, 2011, the Wisconsin Board filed a Complaint and Notice of Hearing, in case number 11NUR195, alleging that Respondent's conduct, as described in paragraphs 9-13, above, constituted an abuse of alcohol or other drugs pursuant to Wisconsin Administrative Code section N 7.03(2), and subjected Respondent to discipline pursuant to Wisconsin Statutes section 441.07(1)(c).
- 17. Respondent voluntarily agreed to surrender her Wisconsin nursing license. In its Final Decision and Order No. 0001144, the Wisconsin Board accepted the surrender of Respondent's license, effective October 6, 2011.

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THIRD CAUSE FOR DISCIPLINE

(Out-of-State Discipline Against Respondent's Iowa Nursing License)

- 18. Respondent has subjected her license to disciplinary action under section 2761, subdivision (a)(4) of the Code in that her registered nurse license was disciplined by the Iowa Board of Nursing. The circumstances are as follows:
- 19. Respondent was licensed as a registered nurse by the Iowa Board of Nursing (Iowa Board) on April 6, 2009.
- 20. On or about September 14, 2011, the Iowa Board filed a Notice of Hearing and Statement of Charges alleging that Respondent violated Iowa Code section 152.10(2)(d)(1) in that her license to practice nursing was disciplined by another state, as described in paragraphs 8-13, above.
- 21. A hearing on the Statement of Charges was held on December 2, 2011. Respondent did not appear at the hearing. An Iowa Board investigator testified and produced exhibits relevant to the discipline imposed by the Michigan Board of Nursing. The Iowa Board concluded that Respondent's failure to appear at the hearing subjected her to default. Based on a preponderance of the evidence, the Iowa Board found that Respondent violated Iowa Code section 152.10(2)(d)(2011) when the State of Michigan indefinitely suspended Respondent's nursing license. The Iowa Board ordered Respondent's license suspended indefinitely for a minimum of one year.

FOURTH CAUSE FOR DISCIPLINE

(Out-of-State Discipline Against Respondent's Idaho Nursing License)

- 22. Respondent has subjected her license to disciplinary action under section 2761, subdivision (a)(4) of the Code in that her registered nurse license was disciplined by the Idaho State Board of Nursing. The circumstances are as follows:
- 23. On or about February 24, 2012, the Idaho State Board of Nursing (Idaho Board) filed a formal Complaint against Respondent alleging that the discipline imposed by the Michigan Nursing Board, as described in paragraphs 8-13, above, violated the laws and rules governing Idaho nursing practice, specifically Idaho Code section 54-1413(1)(g) and Board Rule 100.08 (a

Accusation